



Peru Mission 2010

Horseback Riding, Machu Picchu, Cusco & Lima

Oct 3 (Saturday) - Oct 10 (Saturday)



This mission is designed to bring medical/dental care to the remote community of Ccapi, near Cusco, Peru. Physicians, dentists and support personnel needed. We will be focusing on Ccapi and a nearby community, both which are way off the tourist trail.

Our 'home base' will be the quiet, unimposing town of Ccapi. This town of 5000+ is in a breathtaking part of the Andes, about 3.5 hours from Cusco. On Sunday, we will have a day of horseback riding through the Andes in an area where many sightings of Andean condors have been reported.

We have set up this mission so that you will arrive early in the morning in Cusco and have a chance to see a bit of the world renowned Plaza de Armas. After a quick lunch and before the

altitude sickness begins to affect you, we will drive down to Ccapi (9990'). Note: parts of this area can go up to 10500'.

You will stay Saturday, Sunday, Monday, Tuesday nights in Ccapi, working in clinics on Monday, Tuesday and Wednesday. At the end of Wednesday's clinic we will go back to Cusco. In Cusco you will stay at a very nice new hotel a few blocks from the plaza. The next day you will visit Machu Picchu. Friday is your free day, with a tour of Cusco in the morning.

April 30 Friday – Depart USA

Flights from the US usually leave late at night. You need to be in Lima, at the airport by 6am for your connecting flight to Cusco.

May 1 Saturday -- Arrive in Lima / Cusco

Early morning flight to Cusco. It is a short 1 hour flight.

In Cusco you will be met at the airport by your area coordinator who will help with your luggage and whisk you off to see the plaza, get a cup of coffee or mate de coca (best for altitude) and then an early lunch (11:30am), after which we head out for the town of Ccapi. Altitude can affect you - so, we have chosen to acclimate down in the valley where Ccapi is 9990'. In Ccapi you will settle in and recoup from your journey. Accommodations are very basic.





May 2 Sunday – Horseback journey through a stunningly beautiful part of the Andes and then over to the canyon where Condors nest. We may go up to 11,000 feet on part of this ride. Full Day.

May 3 Monday -- Medical/Dental Clinic Ccapi

May 4 Tuesday -- Medical/Dental Clinic Ccapi

May 5 Wednesday -- Medical/Dental Clinic Coyabamba
10,900'

At the end of our clinic day we will return to Cusco 10,500 to 11,000' where we will stay at a new hotel a few blocks from the plaza (dbl). After dinner you are free to try out the nightlife.

May 6 Thursday – Machu Picchu (Lunch not provided)
Train leaves 6:15am! Return to Cusco 9pm

May 7 Friday - Cusco Day

Early morning walking tour of Cusco is planned and we will explore some little known places and show you where the best shops are located. Then you have free day to shop and explore.

Our 'adios amigos' dinner is at 7:30pm

May 8 Saturday - Return to LIMA and then to the USA

You will have tour of Lima's Plaza de Armes and then a wonderful lunch at the Rosa Nautical and time for shopping at Larco Mar and then back to the airport for your connections to the USA.



May 9 Sunday USA

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Donation for the Mission is \$1885

Your **(tax deductible)** donation to FDoA includes the following:

- Airfare to Lima/Cusco/Lima
- 4 nights accommodation in Ccapi
- 1 day horseback riding
- 3 nights accommodations in Cusco (double occupancy)
- All Meal are provided (B,L,D) except for your lunch at Machu Picchu and in Lima
- Tour of Machu Picchu (Bus, Train, Guide, Entrance)
- All Ground Transportation
- Walking Tour in Cusco
- Purchase of Medical Supplies and Medications
- Interpreters (6-8) and Area Coordinator
- Flying Doctor T-shirts

Not included: Your airfare from USA to Lima, two lunches, any alcoholic beverage, phone calls, room charges, departure/airport taxes. Flying Doctors recommends that you book ahead and use your frequent flyer miles for your USA to Lima air portion.