



Panama Mission 2010

January 30th (Saturday) - February 6th (Saturday)

This mission is designed to bring medical/dental care to the hill communities of Bale and Pinon in Central Panama. Little known to most are Panama's indigenous peoples.

We will be working in the Veraguas Province with the Bugle/Ngobe people which are Panama's largest indigenous group with around 164,000 members. They were once known as fierce warriors, who wore an ornament called the Chaquira. The Chaquira remains a symbol of their culture, but is now sophisticated hand-beaded jewelry that is a source of income for the tribe.

On Sunday we head out for the Veraguas Province where we will have our clinics, Monday through Wednesday. Then on Thursday morning we head out to the famed beaches of Panama – 85 degrees and sun!

Saturday night we are back in Panama City where we have time to visit the old city Panama and explore the Canal Zone.



We have set up this mission so that you will arrive Saturday in Panama City and stay at a comfortable hotel. Sunday we head out for Central Panama after a lunch at the Panama Canal Lock Restaurant.

January 30th Saturday - Arrive Panama City

In PTY you will be met at the airport by the hotel shuttle, they will help with your luggage and whisk you off to your hotel. Flights arrive throughout the day and into the night. The team will officially assemble for Breakfast on Sunday. This is a free day but do check in with the team leader upon your arrival at the hotel.

January 31st Sunday – After Breakfast there is an old city tour and lunch at the Panama Canal Locks. Travel up to El Bale Sunday afternoon



February 1st Monday -- Medical/Dental Clinic El Bale

February 2nd Tuesday -- Medical/Dental Clinic El Bale

February 3rd Wednesday -- Medical/Dental Clinic El Pinon

February 4th & 5th Thurs. & Friday – Explore Panama Time
You will have two nights of sun and fun – more detail provided by your team leader.

February 6th Saturday - Return to Panama City
Time to shop and goodbye Barbeque with Pro Ninez

February 7th Sunday Return to USA



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Donation for the Mission is \$1685

Your **(tax deductible)** donation to FDoA includes the following:

All Ground Transportation

2 nights accommodation in Beach Hotel (double occupancy)

2 nights accommodations in Panama City (double occupancy)

4 nights accommodations in El Bale (basic dorm accommodations)

All Meal are provided (B,L,D) except for your meals the day you arrive in Panama City (Jan 30th)

Walking Tour of old city Panama & seeing the Panama Canal Locks

Purchase of Medical Supplies and Medications

Interpreters (6-8) and Area Coordinator

Flying Doctor T-shirts

\$485 Donation to Flying Doctors of America

Not included: Your airfare from USA to Panama City, meals the day you arrive in Panama City (Jan 30th), any alcoholic beverage, phone calls, room charges, departure/airport taxes. Flying Doctors recommends that you book ahead and use your frequent flyer miles for your USA to Panama air portion.