



Bolivia: La Paz Women's Prison July 26th - Aug. 3rd

This mission is designed to bring medical/dental care to the women's prisons of La Paz, Bolivia. Within each prison, children live with their mothers. Our focus will be Pediatrics, Gynecology, General Medicine and Dentistry. Three days of medical/dental clinic are planned.

In addition to the medical/dental care the team will have the wonderful opportunity to travel and see Bolivia. On Wednesday and Thursday team members can select either to visit the Island of the Sun/Lake Titicaca or go downhill on mountain bike on the most dangerous road in the world.

Jul 26th. Saturday

5:30 am Arrival from USA to the La Paz
Transfer from airport to hotel
Accommodations at Hotel Camino Real
www.caminoreal.com.bo

La Paz, is the capitol of Bolivia, and one of the highest cities in the world, set at a lofty altitude of 11,913 feet. The altitude may initially affect you, so this day is free for you to rest and relax.

7:00 pm Dinner at Chalet La Suisse (Best Suisse/International Cuisine in town) www.chaletlasuisse.com

Jul 27th. Sunday

1:00 pm Welcome Lunch hosted by Kantuta Foundation

Jul 28th. Monday, Medical/Dental Clinic

8:00 am Departure to Miraflores Maximum Security Prison

8:45 am Clinic

1:00 pm Lunch at Miraflores Prison

2:30 pm Departure to Senior Citizens Home for the impoverished at the Hospital Gediatrico



8:00 pm Dinner at Japanese/Chinese Wagamama Restaurant – The best sushi in Bolivia

Jul 29th. Tuesday, Medical/Dental Clinic

8:00 am Departure to Obrajes Prison

8:45 am Clinic

1:00 pm Lunch at Obrajes Prison

2:00 pm Clinic

8:00 pm We meet for dinner at the hotel's restaurant La Tranquera

Free Evening



Option #1 Lake Titicaca Trip

July 30rd. Wednesday & Thursday July 31st

Visit the Island of the Sun, known as the cradle of the Inca Empire, and see the archaeological site of Pílkokaina and the Inca terraces that are still used for agricultural purposes.

“Titicaca” is the world’s highest navigable lake.

8:00 am Departure to Lake Titicaca

Thursday **July 31st** After staying at a very nice hotel you will visit the town of Yumani, also known as "the Garden of the Incas". This is where the water fountain called the Source of Eternal Youth was found. This is the sacred place where the Incas were baptized.

3:00 pm Return to the city of La Paz -- Free Evening



Option #2 Downhill Biking

July 30rd. Wednesday & Thursday July 31st Biking

Downhill biking on the "*World's Most Dangerous Road*".

You will ride from snow covered La Cumbre at 15,100' and descend more than 11,000' in four hours to 3,600'.

8:00 am Travel to la Cumbre where the Most Dangerous Road Mt Bike Ride starts.

9:00 am – 3:00 pm Bike Ride with lunch after the ride

4:00 pm Check in at the Esmeralda Hotel -- Free Evening

Thursday **July 31st** After lunch return to La Paz by van.



August 1st. Friday, Medical/Dental Clinic

8:00 am Departure to the Orphanage

1:30 pm – Saltenada/lunch (Bolivian style pastries meat/chicken) at the Orphanage with the children

5:00 pm – return to La Paz

8:30 pm – Farewell Dinner at Peña Naira (Where we can experience the Bolivian folklore)

August 2nd. Saturday

Day of sightseeing in La Paz, visit markets, etc

Dinner at La Casa de Los Pacenos (Best Bolivian and international cuisine in town)

And after dinner you will experience the night life in La Paz

August 3rd. Sunday

3:00 am We meet at the hotel's lobby

3:20 am Transfer from the hotel to the airport -- Return to the USA

Donation for the Mission is \$1785

Your (**tax deductible**) donation to FDoA includes the following:

Quality 4 Star Hotel in LaPaz (double occupancy)

Total 7 nights/8 days: Saturday through Saturday

All your meals. (Breakfast, Lunch & Dinner)

Ground transportation

Interpreters & Guides

Medical Supplies

Your choice of either option #1 or option #2 on free days

Flying Doctor T-shirts

This donation also includes the support donation of \$485 to FDoA

Not included in your donation: International airfare to Bolivia, visa for Bolivia (if needed), airport arrival/departure taxes, excess baggage charges, additional nights due to flight cancellations, alcoholic beverages, non-mission days, insurance of any kind, laundry, phone calls, reconfirmation of flights.

