



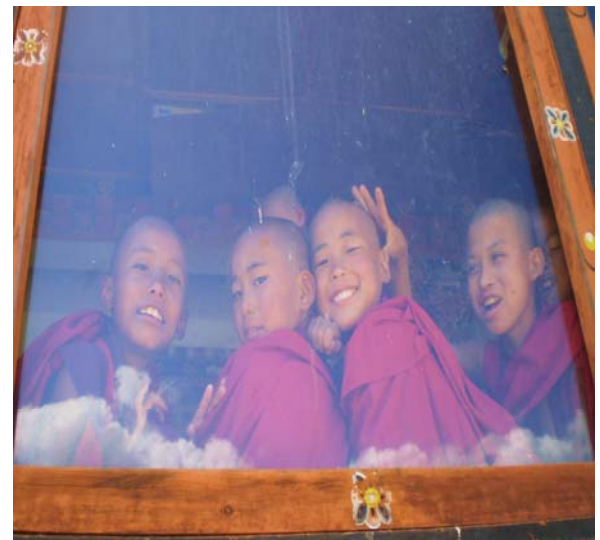
Bhutan – the Last Eden

October 24th (Monday) – November 6th (Sunday) 2011

Bhutan -- In March 2006, Business Week Magazine rated the isolated mountain kingdom as one of the ten *happiest* countries on earth. Many regard the small Buddhist kingdom of Bhutan as a modern-day Shangri-La. Bhutan is endowed with breathtaking natural beauty, surrounded by sacred mountains, virgin peaks and holy lakes. Its beautiful valleys and lush forests are teeming with flora and wildlife undisturbed in their natural environment. Bhutan, the last Eden retain all the charm of the old world. Bordered by China (Tibet) in the North and by India in the south, the kingdom of the Lost Horizon opened its door to tourism only in 1974, yet only 25,000 people a year gain entry. Time Magazine recently designated Bhutan as one of the world's few remaining governments that dictates many of the details of life. Bhutan's motivation for the unusual degree of control it exercises over its people's lives is their happiness and cultural survival.



It has taken Flying Doctors of America two years to get permission to bring a medical team to Bhutan and the Government of Bhutan has identified: **Dermatology, Gastroenterology, Gynecology, Otorhinolaryngology, & Dentistry** as the specialties it needs. Our team will split into two focuses: ENT surgical, at the local Hospital near Wangdu and the remaining members to go out to various Bhutanese communities near Yebi Lepcha.



Note: because of the remote location of the Bhutan and because there is only one airline (Druk Air) we will meet at the Bangkok International Airport (BKK) and travel as a team from there. The mission dates then begin and end in Bangkok. Flying Doctors will purchase your airline ticket from Bangkok. In the past it has been very advantageous to depart to BKK from LAX for the best fares.

Proposed Itinerary – this maybe tweaked some

October 24th Monday – Depart for Paro, Bhutan

Meet at the Bangkok Airport (BKK) at 4am at the Druk Air Counter. This is airline experience unlike any you have ever had, so be there on time. It is strongly recommended that you arrive a day early in Bangkok and rest at a hotel the night before. Druk Airlines only has one flight a day and if you miss it you maybe waiting for days to get space on another flight. You will arrive in Paro Bhutan at 10:25am.

http://www.drukair.com.bt/images/Include/Flight_Schedule.pdf

October 25th Tuesday -- Travel to Trongsa

October 26th Wednesday -- Travel Trongsa to Shemgang to Yebi Lepcha

October 27th Thursday -- **Medical/Dental Clinic & Surgery Day**
Medical/dental camps in and around Yebi Lepcha

October 28th Friday -- **Medical/Dental Clinic & Surgery Day**
Medical/dental camps in and around Yebi Lepcha

October 29th Saturday -- **Medical/Dental Clinic & Surgery Day**
Medical/dental camps in and around Yebi Lepcha

October 30th Sunday -- **Medical/Dental Clinic & Surgery Day**
Medical/dental camps in and around Yebi Lepcha

October 31st Monday -- Travel Yebi Lepcha to Wangdu

November 1st Tuesday -- Travel Wangdue to Thimphu

November 2nd Wednesday – Explore - Thimphu

November 3rd Thursday -- Leave for Paro – Mountain Hike
Camp at 14,300’

November 4th Friday – Return to Paro

November 5th Saturday – Paro –Tiger Nest (Taktshang
Monastery) (Day excursion)

November 6th Sunday – Depart for BKK
Depart 11:50am Paro flight: KB 126 – Arrive 5:00pm BKK



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Donation for the Mission is \$3985

Your **(tax deductible)** donation to FDoA includes the following:

- Airfare Bangkok to Bhutan – Paro via Druk Airlines
- All Accommodations
- All Ground Transportation
- All Meal are provided (B,L,D)
- Hiking Tours – Fees for park entrances
- Purchase of Medical Supplies and Medications
- Area Coordinator & Interpreters
- Flying Doctor T-shirts

Not included: Your airfare from USA to Bangkok, arrival or departure fees or taxes, including your arrival fee in Bhutan = \$20, and cost for excessive luggage weight when returning from Bhutan, tips that the team collects for guides, cooks and drivers on last days of clinic (this is optional, but most team members give \$60 to \$80) and any room charges. Flying Doctors recommends that you book ahead and use your frequent flyer miles for your USA – Bangkok portion.